

Good Samaritan Hospital Cafeteria Menu

August

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
3	9	10	11	12	13	14	15
Lunch	Sloppy Joe	Pizza Burger	Italian Day	Beef Enchilada	Stuffed Potato Day	Rueben	Parmesan Chicken Marinara
	Oven Fried Chicken	Pork Chop		Grilled Chicken Salad		Chicken Fajita	Philly Steak Sandwich
Dinner	Pork Chop	Italian Day	Grilled Chicken Salad	Beef Enchilada		Parmesan Chicken Marinara	Philly Steak Sandwich
	Pizza	Pizza	Pizza	Pizza	Pizza	Pizza	
1	16	17	18	19	20	21	22
Lunch	Seafood Day	Meatball Sandwich	Ciabatta Burger	Mexician Day	Pasta Stirfry	Tuna Melt	Dixie Chicken
		Marinated Chicken Breast	Carved Meat		Chili Dog	Beef Chimichanga	Bratwurst
Marinated Chicken Breast		Ciabatta Burger	Tuna Melt		Dixie Chicken	Swiss Mushroom Burger	
Dinner	Pizza	Pizza	Pizza	Pizza	Pizza	Pizza	Pizza
2	23	24	25	26	27	28	29
Lunch	Swiss Mushroom Burger	BBQ Rib Sandwich	Scalloped Chicken & Noodles	Beef Lasagna	Pork Sandwich	Breaded Chicken Sandwich	Meatloaf
	Parmesan Chicken Marinara	Roast Turkey	Deli Day	BBQ Chicken Melt	Country Fried Steak	Tuna Casserole	Hot Ham & Cheese Sandwich
Dinner	Roast Turkey	BBQ Rib Sandwich	Beef Lasagna	Pork Sandwich	Country Fried Steak	Meatloaf	Oven Fried Chicken
	Pizza	Pizza	Pizza	Pizza	Pizza	Pizza	Pizza

Serving Size Contains:

Whoa

More than 450 calories
More than 20 grams fat
More than 850 mg sodium

Slow

Less than 450 calories
Less than 20 grams fat
Less than 850 mg sodium

GO

Less than 350 calories
Less than 15 grams fat
Less than 750 mg sodium