

Good Samaritan Hospital Cafeteria Menu

February - March

A Meatless Entrée will be offered on Fridays during Lent.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	15	16	17	18	19	20	21
Lunch	Grilled Beef & Swiss Sandwich	Fried Catfish	Scalloped Chicken & Noodles	Beef Lasagna	Ham & Scalloped Potatoes	Breaded Chicken Sandwich	Meatloaf
	Parmesan Chicken Marinara	BBQ Rib Sandwich on a Hoagie	Hot Beef Sandwich or French Dip Sandwich	Meatloaf	Country Fried Steak	Chicken or Beef Fajita	Chicken or Cheese Quesadilla
Dinner	BBQ Rib Sandwich on a Hoagie	Hot Beef Sandwich or French Dip Sandwich	Scalloped Chicken & Noodles	Beef Lasagna	Country Fried Steak	Meatloaf	Teriyaki Chicken Quarter
	Pizza	Pizza	Pizza	Pizza	Pizza	Pizza	Pizza
	22	23	24	25	26	27	28
Lunch	Sloppy Joe	Taco Casserole	Spaghetti w/ Meat Sauce	Chicken Enchilada Casserole	Rueben	Taco	Parmesan Chicken Marinara
	Teriyaki Chicken*	Pork Chop	Chicken Drumsticks	Chinese	Grilled Chicken Salad	Chimichanga	Philly Steak Sandwich
Dinner	Pork Chop	Spaghetti w/ Meat Sauce	Chinese	Rueben	Taco	Parmesan Chicken Marinara	Enchilada
	Pizza	Pizza	Pizza	Pizza	Pizza	Pizza	Pizza
	1	2	3	4	5	6	7
Lunch	Enchilada	Porcupine Meatballs	Tuna Melt	Stuffed Baked Potato	Oven Fried Chicken	Bacon or Swiss Mushroom Burger	Dixie Chicken
	Fish Sandwich	Pork Loin	Salisbury/Swiss Steak	Taco Salad	Chili Dog	Fried Shrimp	Bratwurst
Dinner	Fish Sandwich	Pork Loin	Taco Salad	Oven Fried Chicken	Chili Dog	Dixie Chicken	Parmesan Chicken Marinara
	Pizza	Pizza	Pizza	Pizza	Pizza	Pizza	Pizza

Serving Size Contains:

Whoa

More than 450 calories
More than 20 grams fat
More than 850 mg sodium

Slow

Less than 450 calories
Less than 20 grams fat
Less than 850 mg sodium

GO

Less than 350 calories
Less than 15 grams fat
Less than 750 mg sodium

Check out our Deli Sandwiches, Salads, Soup and Pastries at the Emporium located in the West Tower Lobby.

Menu Subject to Change